



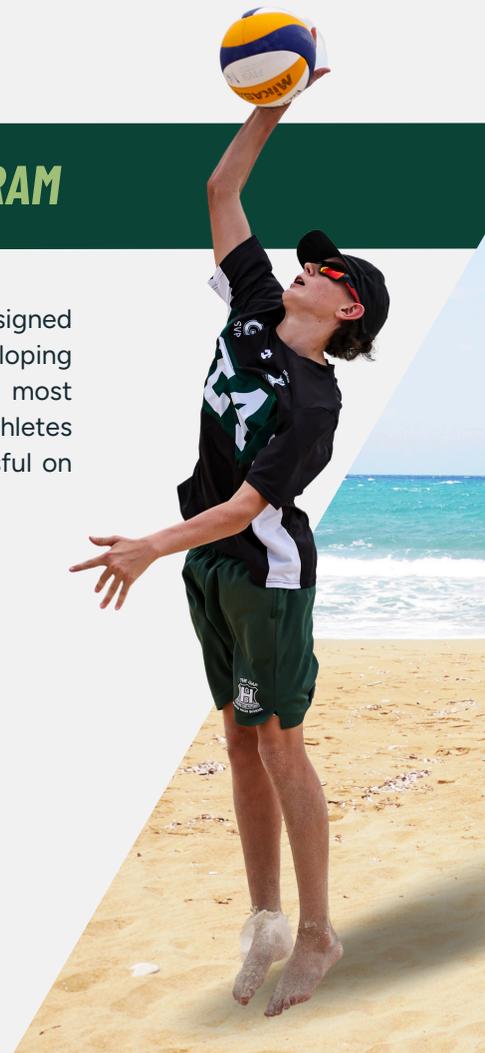
**The Gap State High School**

# ELITE VOLLEYBALL PROGRAM

The Gap State High School **Elite Volleyball Program (EVP)** is designed to foster elite athletes. This holistic program is focused on developing exceptional volleyball skills underpinned by elite habits, and most importantly, elite character. This approach ensures that athletes develop into well-rounded individuals who are not only successful on the court, but also in their personal lives.

## What does the program offer?

- Access to elite coaches ranging from school, state and Olympic level experience
- Extra-Curricular training sessions designed to develop overall skill level as well as physical conditioning
- Access to EVP curriculum options from junior through to senior school
- Opportunities to compete at numerous organised school sport events including 2 national level competitions each year
- Access to networks within the QLD and QAS volleyball programs promoting opportunities for further development and talent identification
- The cultivation of growth mindsets where students are encouraged to embrace challenges
- A sense of community and belonging, where senior athletes have the opportunity to engage with, and mentor younger athletes
- Opportunities for personal growth and character development through goal setting, self-reflection and feedback loops



**ELITE** Character  
Competitor  
Commitment



## Major Sponsors are on board.

The Gap State High School is thrilled to announce it's major sponsors for 2024. We are lucky to have the involvement of Bank of Queensland and Tribal Sport. With the involvement of these partners, our program is able to continue to develop the elite level of support provided to its athletes.



## HOW TO GET INVOLVED:



### The Dragons Volleyball Club

Primary school students are encouraged to begin their involvement with the sport by joining with our affiliate club The Dragons Volleyball Club.

Find out more by scanning this QR code.



### Express Interest in a "Come and Try Day"

For students who are unsure or would like to have a go, we are looking to host a "Come and Try Day".

Please fill out the Microsoft form attached to the QR code if you would like to participate.



### Trial for the Elite Volleyball Program

If you or your Year 6 student is ready to trial for the EVP use this QR code and register to trial.





The Gap State High School introduces

# ELITE VOLLEYBALL PROGRAM

The Gap State High School is proud to introduce its **Elite Volleyball Program (EVP)**, designed to foster elite athletes. This holistic program is focused on developing exceptional volleyball skills underpinned by elite habits, and most importantly, elite character. This approach ensures that athletes develop into well-rounded individuals who are not only successful on the court, but also in their personal lives. As well as emphasising the importance of hard work, discipline, and teamwork, the program promotes a healthy and balanced lifestyle. By instilling these values, and focusing on the development of the whole athlete, EVP is setting its participants up for success.

EVP has new roles which support the holistic approach to the growth of both players and coaches. A dedicated Head of Coach Development, Andrew Maclean, will oversee player coaching, recruitment, and induction. The Head of Player Development, Jarrod Henry, is focused on athletes' goals, conditioning, psychology and nutrition. The school is excited to introduce a Project Manager, focusing on facilities, annual camps, competitions and coordinating match opportunities. We would like to welcome, Nicole Laird, an Australian Beach Volleyball player as our Project Manager. Nicole represented Australia in the 2016 Olympics in Rio. Welcome to The Gap State High!

EVP is one of The Gap State High's excellence programs, and dedicated to building Elite Culture, Elite Commitment, and Elite Competitors. If you are an athlete with the right character and some tactical knowledge, come and join the program. We are able to extend enrolments beyond the school catchment for excellence programs. Our goal is to produce athletes who can compete at the highest level, whether it be state, national, or international tournaments. We are working to build players for the **Brisbane 2032 Olympics**.

TGSHS Executive Principal, Mrs Anne McLauchlan, said that introducing EVP is an exciting development for students at The Gap State High School. "We are committed to providing our students with opportunities to excel in their chosen field, and the Elite Volleyball Program is a testament to this commitment," she said.

The introduction of EVP is expected to attract more students to The Gap State High School, and cement its excellent reputation as a leading school for volleyball sports excellence.

We would like to take this opportunity to thank our Platinum Sponsor, **BOQ The Gap** and Gold Sponsor **Tribal Sport**. All of our athletes will benefit from new playing uniforms to support their competitions in the 2024 season.



**ELITE** Character Competitor Commitment

## Australian Olympian joins the team

The Gap State High School is thrilled to announce the introduction of a new Project Manager role for EVP. This role supports general operations, strategic planning, annual camps, and competitions. We are proud to welcome Nicole Laird to take on this exciting new role. Nicole is an Australian Beach Volleyball player who represented Australia in the 2016 Olympic Games in Rio de Janeiro.



Learn more about EVP at The Gap Experience Day on Thursday 18 April 2024

