

Tuckshop Menu



Term 1 2017



Breakfast

- Toast and Vegemite/honey/jam **\$1.00**
- Fruit Toast **\$1.00**
- Greek Yoghurt **\$2.00/\$3.00**

Daily Specials

Monday

- The Gap High Chicken Burger **\$4.00**
- Chicken Mexican Sub **\$4.00**
- Chicken Peri Peri Bagel **\$4.00**



- Potato Wedges and lite sour cream **\$2.50**

Tuesday

- Chicken Caesar Burger **\$4.00**
- Homemade fried rice **\$4.00**
- Sushi and Rice paper rolls **\$3.00**

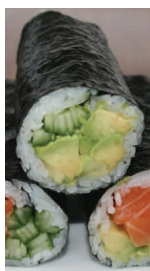
Wednesday

- Aussie Burger **\$4.00**
- Bacon & Egg Bagel **\$4.00**
- Nachos **\$4.00**



Thursday

- The Gap High Chicken Burger **\$4.00**
- Jamie Oliver's Mac 'n Cheese **\$4.00**
- Sushi and Rice paper rolls **\$3.00**



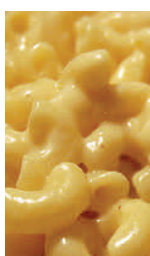
Friday

- Southern Style Chicken Burger **\$4.00**
- Meatball Sub/Falafel Sub **\$4.00**
- Potato Gems **\$2.50**



Sandwiches

- High Fibre white bread/Wholemeal **\$3.50**
- With various fillings **\$3.50**



- Lebanese Wraps (chicken, peri peri, char grilled chicken, egg, cheese/salad) **\$4.00**

Tortilla Wraps

- Mexican Chicken/Chicken Caesar **\$4.00**

Available everyday

- Noodles **\$3.00**
- Focaccia—various fillings **\$4.00**
- Potato-topped pie **\$3.50**
- Traveller Pie **\$3.00**
- Sausage Roll **\$2.50**
- Mini pulled beef and cheese **\$2.50**
- Warm Chicken Wrap **\$2.50**
- Toasted Sandwich (various fillings) **\$3.50**
- Toasted Turkish (various fillings) **\$4.00**
- Homemade pizza pockets **\$4.00**



Vegetarian

- Vegetarian Tortilla **\$4.00**
- Vegetarian Focaccia **\$4.00**
- Vegetarian Pizza Pocket **\$4.00**
- Vegetarian Sandwiches/Toasties **\$3.50**
- Vegetarian Wraps **\$4.00**
- Hot Spinach and Cheese Rolls **\$3.50**
- Salads **\$3.00/\$5.00**



Fresh Salad Packs

- Chicken Caesar **\$3.00/\$5.00**
- Chicken, egg or Greek **\$3.00/\$5.00**
- Small Green Salad **\$3.00**
- Layered Salad **\$4.00**



Sweet Treats

- Mini Muffins **\$1.00**
- Greek Yoghurt **\$2.00/\$3.00**
- Fruit—seasonal **60c**
- Biscuits **\$1.00**



Drinks, Ice Blocks and Chips, Bottled water, juice and reduced fat milk are available at a variety of prices.



Gluten Free available on request.

We would love to make your favourite roll, sandwich or salad. Please see us before school to place your order.

The Tuckshop is open from 7.30am to 3.00pm each day. Phone 3511 3836.

Convener—*Paula*