



Breakfast

Toast and Vegemite/honey/jam	\$2.50
Fruit Toast	\$2.50
Greek Yoghurt with fruit flavouring or plain	
Small	\$2.00
Large	\$3.00



Daily Specials

Monday

Chicken Peri Peri Bagel	\$4.00
Butter Chicken and saffron rice	\$4.00
Garlic Bread	\$1.00

Tuesday

Chicken Caesar Burger	\$4.00
Fried rice (vegetarian available)	\$4.00
Sushi and Rice paper rolls	\$3.00
Potato Wedges	\$2.50

Wednesday

Vegetarian Nachos with Sour Cream	\$4.00
Hawaiian chicken Bagel	\$4.00
Bacon and Cheese Burger	\$4.00
Sweet Potato Wedges	\$2.50

Thursday

The Gap High Chicken Burger	\$4.00
Jamie Oliver's Mac 'n Cheese	\$4.00
Sushi and Rice paper rolls	\$3.00
Garlic Bread	\$1.00

Friday

Southern Style Chicken Burger	\$4.00
Cheesy Meatball Subs	\$4.00
Potato Gems	\$2.50
Garlic Bread	\$1.00

Sandwiches

High Fibre white bread/wholemeal	
With various fillings	\$3.50
Lebanese Wraps	
Thai Sweet Chicken	\$4.00
Char-grilled Chicken	\$4.00
Chicken	\$4.00
Egg and Salad	\$4.00
Cheese and Salad	\$4.00
Roast Veg with Hommus	\$4.00

Tortilla Wraps

Mexican Chicken	\$4.00
Caesar Chicken	\$4.00
Roasted Vegetable with Hommus	\$4.00

Available everyday

Beef and Chicken Noodles	\$3.00
Focaccia—various fillings	\$4.00
Potato-topped pie	\$3.50
Traveller Pie	\$3.00
Sausage Roll	\$2.50
Mini pulled beef and cheese (half)	\$2.50
Mini pulled beef and cheese (full)*	\$4.50
Mini Honey soy chicken and cheese (half)	\$2.50
Mini Honey soy chicken and cheese (full)*	\$4.50

*ONLY MADE TO ORDER

Warm Chicken Wraps

Thai Sweet Chilli Chicken	\$2.50
Honey Soy Chicken	\$2.50
Toasted Sandwich (various fillings)	\$4.00
Toasted Turkish (various fillings)	\$4.00

Homemade pizza pockets

Meat Lovers	\$4.00
Hawaiian	\$4.00
Teriyaki/Butter Chicken	\$4.00
Vegetarian	\$4.00
Mini Pizza Pockets	\$3.00

Vegetarian

Salads	\$5.00
Wraps	\$4.00
Focaccia	\$4.00
Pizza Pocket	\$4.00
Sandwiches/Toasties	\$3.50
Hot Spinach and Cheese Rolls	\$3.50
Tortillas	\$4.00

Fresh Salad Packs

Chicken Caesar	\$5.00
Chicken, Egg or Greek	\$5.00

Sweet Treats

Greek Yoghurt plain or fruit flavoured	\$2.00
Fruit—seasonal	\$0.60
Biscuits	\$1.00
Iced Buns	\$1.00

Vegetarian (spinach and ricotta) burgers available everyday	\$4.00
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Gluten Free and Vegan available on request before 10am.

Drinks, Ice Blocks, Chips, Bottled Water, Juice and

Reduced fat milk are available at a variety of prices.



We would love to make your favourite roll, sandwich or salad. Please see us before school to place your order.

The Tuckshop is open from 7.30am to 3.00pm each day. Phone 3511 3836.

Convener—Paula