



FREEMAN

The House of Leadership and Humility

Named in honour of: Cathy Freeman OAM

Significant achievements/contribution to society: Catherine (Cathy) Freeman was

the first indigenous Australian to become a Commonwealth Games gold medallist in 1990, at age 16. At the 1994 Commonwealth Games, Cathy caused controversy by carrying the Aboriginal flag along with the Australian flag after winning the 200 metres. Freeman became an Olympic gold medallist in 2000, winning the 400-metre event. Again she carried both the Aboriginal and Australian flags as a symbol of reconciliation and pride in her Aboriginal heritage.

Since retiring from athletics, Freeman has become involved in a range of community and charitable activities. In 2007 she founded the Cathy Freeman

Foundation, working with remote indigenous communities to improve education for children.

Freeman was an ambassador of the Australian Indigenous Education Foundation until 2012.

Character strengths: Humility

Colour of FREEMAN: Yellow

Animal totem: Cockatoo

Strengths of animal totem: Leadership

What does FREEMAN stand for:
Honouring self and home.

“Somewhere deep inside, I’d absorbed all the pain and suffering my people had endured and turned it into a source of strength.” — Cathy Freeman

WAR CRY

Freeman, Freeman
We’re a team
Let’s all stand
And loudly sing!

Come on Freeman,
let’s have fun
And we will finish number one!
We are fast
We are strong
This is our winning song

