



Preparing for online learning @TGSHS

Our goal for all learners is to create a flourishing environment where thinking minds discover possibilities, push boundaries and take charge of their learning.

STUDENTS SHOULD FOCUS ON THE FOLLOWING:

YOUR MIND



- Wake up with enough time to get ready and have breakfast before 8:30am
- Say good morning to your family
- Be dressed ready for learning
- Set some goals, write a to-do list and tick off activities as you do them
- Do a mindfulness activity - (part of Connect or Smiling Mind)

YOUR SPACE



- Your learning space should be tidy, comfortable and as quiet as possible
- Be respectful of shared spaces. Be prepared if there is audio with lesson activities to avoid interfering with others and their learning or work
- Remove all distraction eg. phones, tv

YOUR EQUIPMENT



- Have your laptop or iPad charged and logged in to Blackboard Collaborate Ultra
- Test platforms to make sure they are working
- Have a pen and notepad/paper ready
- Have headphones ready if required

YOUR TIME



- Manage your time - use it for learning
- Follow your 2022 school timetable for online learning sessions; log in a few minutes before the scheduled start
- Submit all requested work on time and in the format prescribed
- Spend time revising any items you don't understand and prepare a list of potential questions to ask
- Check STILE and EQ email address every morning - action tasks if required. Read SOBs daily notices

YOUR HEALTH AND WELLBEING



- Drink at least 2L of water per day
- Take breaks as you would in a school day ie. Morning tea and lunch.
- Eat healthy food and snacks
- Engage in some exercise each day
- Practice mindfulness at least once per day

ICT Services Support:
itsupport@thegapshs.eq.edu.au

Guidance Support:
guidance@thegapshs.eq.edu.au

Learners who flourish