

# Year 11 Horse Riding Camp

## Equipment List

- Single fitted sheet for mattress cover (compulsory even if using a sleeping bag)
- Pillow and pillow case
- Doona or sleeping bag (flat sheet for hot nights in summer or extra blanket for chilly nights in winter)
- 2 towels – one for showers and one for any water activities
- Soap
- Shampoo and conditioner
- Toothbrush and toothpaste
- Hair brush and hairband (for long hair)
- Deodorant roll on (no aerosols, we have found a lot of people are sensitive to these)
- Sunscreen
- Insect repellent (roll on type)
- Medication: Must be noted on the medical form and a TGSMS medication consent form completed. Prescription medication to be in original packaging, prescribed to the child and indicating dosage
- Raincoat – compulsory for rainy days. Not the poncho style as they flap and frighten the horses.
- Swimming togs – we swim in the dam so bring along old togs and t-shirt to swim in
- Clothing (bring enough clothing for 7 days)
- Jeans or jodhpurs for riding (long pants are necessary for comfort and to prevent chaffing)
- Jumper
- Warm jacket for winter
- Tracksuit
- Socks & underwear (ensure socks are long enough to cover your ankles to avoid rubs from riding boots)
- Pyjamas
- Shorts
- T-shirts/Polo shirts – no crop tops, singlets or sleeveless tops for horse riding.
- Water Bottle
- Water Bottle Holder: An over-the-shoulder water bottle or camelbak is suitable for riding (if this is not possible, bring a small backpack).
- 2 garbage bags (for wet and dirty clothes)
- Torch
- Tissues
- Shoes
  - Riding boots (used for riding only), and closed in shoes (runners) for walks and playing. Smooth soled riding boots are compulsory for horse riding (If you don't have boots these will be provided by Kiah Park)