

Splash Safaris Sea Kayaking Adventures

Checklist for Participants of...

Sea Kayak Expedition

Personal Items

<u>Item</u>	<u>Qty</u>	<u>Packed</u> (✓)	<u>Item</u>	<u>Qty</u>	<u>Packed</u> (✓)
Hat (wide brimmed)	1	<input type="checkbox"/>	T-shirts	2	<input type="checkbox"/>
Sunglasses with straps	1	<input type="checkbox"/>	Long Sleeved Paddling Shirt	1-2	<input type="checkbox"/>
Sunscreen	1	<input type="checkbox"/>	Sprayjacket	1	<input type="checkbox"/>
Insect Repellent	2	<input type="checkbox"/>	Reef Sandals / Booties	1	<input type="checkbox"/>
Toiletries	1	<input type="checkbox"/>	Runners (night time)	1	<input type="checkbox"/>
First Aid kit & medications	1	<input type="checkbox"/>	Socks	2	<input type="checkbox"/>
Swimming Togs	1	<input type="checkbox"/>	Warm Top (thermals) Warm	2	<input type="checkbox"/>
Towel (small) / Chamois	1	<input type="checkbox"/>	Pants (thermal)	1	<input type="checkbox"/>
Shorts	2	<input type="checkbox"/>	Jumper (night time)	1	<input type="checkbox"/>
			Long Pants (night time)	1	<input type="checkbox"/>

Camping Equipment

<u>Item</u>	<u>Qty</u>	<u>Packed</u> (✓)	<u>Item</u>	<u>Qty</u>	<u>Packed</u> (✓)
Tent (provided)	1 per group	<input type="checkbox"/>	Torch & spare batteries	1	<input type="checkbox"/>
Sleeping mat (Provided)	1	<input type="checkbox"/>	Heavy duty garbage bags	20/person	<input type="checkbox"/>
Sleeping bag	1	<input type="checkbox"/>	Water tight containers	optional	<input type="checkbox"/>
Personal Water Bottles (1L)	2	<input type="checkbox"/>	Trowel & toilet paper (2)	nil	<input type="checkbox"/>

Kitchen Equipment

<u>Item</u>	<u>Qty</u>	<u>Packed</u> (✓)	<u>Item</u>	<u>Qty</u>	<u>Packed</u> (✓)
Fuel Stoves (provided)	1 per group	<input type="checkbox"/>	Bowl & cup	1	<input type="checkbox"/>
Fuel Bottles (provided)		<input type="checkbox"/>	Fork & spoon	1	<input type="checkbox"/>
Pots, lid, pot lifter (provided)		<input type="checkbox"/>	Can Opener (if needed)	1	<input type="checkbox"/>
Sharp Knife		<input type="checkbox"/>	Detergent	1	<input type="checkbox"/>
Lighter / Matches (provided)		<input type="checkbox"/>	Scourers & Tea towel	1	<input type="checkbox"/>

Optional Extras

<u>Item</u>	<u>Qty</u>	<u>Packed</u> (✓)	<u>Item</u>	<u>Qty</u>	<u>Packed</u> (✓)
Camera & film		<input type="checkbox"/>	Goggles / Mask		<input type="checkbox"/>
Fishing gear		<input type="checkbox"/>	Sunglass Straps		<input type="checkbox"/>
Lip balm (with sunscreen)		<input type="checkbox"/>			<input type="checkbox"/>

Note: Students should split up into groups of 2 or 3 for the organisation of camping equipment, kitchen equipment and FOOD