



Time4 Students Program

TERM 1 2025

January 2025

At The Gap State High School, we believe in 'Learners Who Flourish'. We value Thinking Big, Stepping Up, Paying it Forward and Being Kind. We are committed to developing young people to achieve their potential intellectually, personally and socially; we love learning, knowledge and curiosity. We would, therefore, like to invite students to engage in our Time4 Students program on Monday afternoons to further develop their own love of learning, knowledge and curiosity. Time4 Student Program runs each Term in Weeks 2 to 9 and is held on Mondays from 1:50pm to 3:00pm.

Each Term, we offer learning experiences for students to engage in that are provided by both internal and external organisations; some of our programs are even be run by our amazing Launch students. The places in the program activities held at school are limited and there are fees to participate in most programs to cover the costs of providers. Our online programs are self-paced and can be completed in conjunction or separate to the programs run at school. The program offerings are detailed on the next pages.

To enrol your student in a program held at school, please visit the below link and register your child/student's into one of the activities provided. **Registration opens at 8:00am Wednesday 22 January 2025.**

Registration Link: [link](#)

Registration Opens: 8:00am Wednesday 22 January 2025

Registration Closes: 5:00pm Wednesday 29 January 2025

Places in the program are limited and will be given on a 'first in' basis. Certain programs also depend on minimum numbers for viability. Please note, only eligible students can register for a program (please check the program suitability).

School Fees

If you wish to register your child/student for a fee-for-service program, then school fees are required to be up-to-date. Please contact the school's accounts department for any queries regarding school fees. Once placements have been finalised, invoices will be sent for payment.

Refund Policy

As outlined in the Frequently Asked Questions, due to many programs being run by external organisations the fees for these programs are calculated on a cost recovery basis. The school budget cannot meet any shortfall in the funding of an extra-curricular activity due to a student ceasing participation in a program in which they had registered their interest and intent. Fees already paid for an extra-curricular activity may be refunded in full or in part or not at all, dependent on the associated expenses incurred by that activity and the reason for the ceasing of participation by the student. Any payment made to suppliers in advance will not be refundable.



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TERM 1 2025

Term 1 Weeks and Dates:

To assist with your planning when registering for a Time4 program, please visit the school calendar to check events that may be occurring at the same time. The dates for Term 1 Time4 are also listed below.

Week 2: 03/02/2025

Week 3: 10/02/2025

Week 4: 17/02/2025

Week 5: 24/02/2025

Week 6: 03/03/2025

Week 7: 10/03/2025

Week 8: 17/03/2025

Week 9: 24/03/2025

We look forward to this opportunity of providing a range of activities and programs to our students to enrich their time at The Gap SHS.

If you have any queries regarding Time4 activities, please contact us by email on time4@thegapshs.eq.edu.au.

Frequently Asked Questions

Is participation in Time4 Students Program compulsory for all students?

No. Participation in this Time4 Students Program in Mondays is optional. If your child/student is not registered to participate in one of these activities, they are able to leave school at the conclusion of Period 3 on Mondays, ie at 1.20pm. Please note that once your child/student has been registered in a Time4 Students Program activity, they are expected to commit to that activity for the Term and attend all sessions.

How do I register my child/student for one of these program activities?

Each term an email will be sent to parents/carers that includes information about the program (this document) as well as a link to register online. Invoices for payment will be issued once the program has commenced each Term.

Are there limits to how many students can be in a program activity?

Due to many of the activities being run by external organisations, there are limits to how many students can be in a group. This means that students will be allocated to programs on a 'first-in' basis. It is important to register as soon as possible to give your child/student the best chance of securing their preferred program.

Can I register my child/student for more than one program?

Your child/student may register for more than one program as long as there is no clash of the weeks that these programs are running. You may consider registering your child/student in a paid program in conjunction with the study room to ensure supervision is provided each week. Students will be invoiced in full for all programs they are registered for.



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The program that my child/student is doing only runs for part of the Term, what can they do for the other weeks?

You may also register your child/student for the Study Room for the alternative weeks the original program doesn't run. Alternatively, your child/student is able to go home at 1:20pm at the conclusion of Period 3 on Mondays.

What happens if my child/student is away one week for one of the paid programs? Do I get a refund?

The school is required to confirm program activity registration numbers prior to the program beginning each Term due to many programs being run by external organisations. Once your child/student is allocated to a program, parents/carers will be invoiced in full for the entire Term program. We are unfortunately unable to offer refunds once your child/student has been allocated to a program.

Do I need to contact the school if my child/student is going to be away?

Yes. Please use the same process for normal absences and indicate in your communication which Time4 activity they will be away for.

Can my child/student change program activity part way through the Term?

Due to the nature of the paid programs being run by external organisation and staffing requirements, students will not be allowed to change program part way through a Term.

Do I need to have all school fees up-to-date before participating in these program activities?

Yes. Please contact the school accounts department if you have any questions about this. If the preferred program is free, then no, it is not necessary.

I have a great idea for a program that could be offered next time, who do I tell?

We would love to hear about programs that students and parents would like to see. Please email these through to time4@thegapshs.eq.edu.au.




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Program	Program Information	Suitability and Details
 <p>Study Skills Kick Start</p>	<p>This seminar breaks down the transition process from primary to secondary education, introducing students to the fundamental skills that they need to be using over the coming years.</p> <p>Skills covered:</p> <ul style="list-style-type: none"> • Dynamic Reading - How to read a text and pull out the key points, not just summarise every sentence. • Note Taking - How to get those ideas the students have extracted from their readings into an organised set of notes that will facilitate effective learning. • Conceptual Learning Skills - Teaching students how to break the information into its relevant parts as opposed to simply rote-learning the material. • Independent Learning - What independent learning means and how to get it done. <p>NOTE: Each student who attends a study skills seminar will receive access to Elevate Education's online student portal. Portal access provides students with a wide range of resources to help them navigate through high school and consolidate the lessons from their seminars.</p>	<p>Year Levels: 7 to 9</p> <p>Date: 10 February 2025 (1 Session)</p> <p>Cost: \$35</p> <p>What to bring: A way to take notes. Other materials will be provided</p> <p>Minimum attendees required: 12 students</p>




Program	Program Information	Suitability and Details
 <p>Junior Time Management</p>	<p>This seminar shows young students how to work consistently and complete larger tasks. For most students the approach of 'doing it the night before' won't work anymore. This seminar demonstrates how to break bigger tasks down into manageable amounts of work, whilst also showing students how to prioritise.</p> <p>Skills covered:</p> <ul style="list-style-type: none"> • Study Routine - How to develop a study routine that allows for socialising sport, extra-curricular activities and other things but still ensures academic productivity. • Working Smart - How to identify the work that is going to get students the most marks across the junior school, and how to ensure it gets done. • Assignments / Exams - Students are shown how to break down long term deadlines and work consistently, balancing the demands of work that is due in the short term and their longer term deadlines. • Procrastination - Students are introduced to the most common reasons for procrastination and how to get around it. <p>NOTE: Each student who attends a study skills seminar will receive access to Elevate Education's online student portal. Portal access provides students with a wide range of resources to help them navigate through high school and consolidate the lessons from their seminars.</p>	<p>Year Levels: 7 to 9</p> <p>Date: 24 February 2025 (1 Session)</p> <p>Cost: \$35</p> <p>What to bring: A way to take notes. Other materials will be provided</p> <p>Minimum attendees required: 12 students</p>





Time4 Students Program

TERM 1 2025

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 <p>Memory Mnemonics</p>	<p>The only thing trickier than getting through all the work can be remembering it! In this seminar we cover simple-to-use techniques and strategies that help students with their memorisation and recall of information. This seminar also shows students what an ineffective study environment can do to their memory. Students are introduced to ways to deal with Facebook, music, TV, distractions, internet and ineffective work times.</p> <p>Skills covered:</p> <ul style="list-style-type: none"> • Understanding memory & how to manipulate it • Examination of why we forget • How to ensure more information is retained • Effective revision strategies • How to minimise reliance on rote learning <p>NOTE: Each student who attends a study skills seminar will receive access to Elevate Education's online student portal. Portal access provides students with a wide range of resources to help them navigate through high school and consolidate the lessons from their seminars.</p>	<p>Year Levels: 7 to 9</p> <p>Date: 10 March 2025 (1 Session)</p> <p>Cost: \$35</p> <p>What to bring: A way to take notes. Other materials will be provided</p> <p>Minimum attendees required: 12 students</p>



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 <p>Dance Club</p>	<p>Join us for a blend of fun and challenge, where you'll learn dance techniques, small combos, and perform.</p> <p>Experience Jazz/Hip-Hop, Lyrical/Contemporary, and Musical Theatre choreography.</p>	<p>Year Levels: 7 to 12</p> <p>Dates: Weeks 2 to 9</p> <p>Cost: \$50</p> <p>What to bring: Sports uniform and water bottle</p> <p>Minimum attendees required: 15 students</p>
 <p>Yoga</p>	<p>Empower your child/student with balance and well-being through Junior Yoga's classes, designed exclusively for secondary students. Our program brings the transformative benefits of yoga and mindfulness directly to their school campus, making it easy to incorporate these powerful practices into their daily routine. Your child/student will experience enhanced physical well-being, reduced stress, and improved focus through sessions tailored to their needs. Our classes not only promote personal growth but also foster a strong sense of community among peers, helping them build meaningful connections. Invest in your child/student's mental and physical health, and watch them thrive in a calm, clear, and resilient state right where they learn and grow.</p>	<p>Year Levels: 7 to 9</p> <p>Dates: Weeks 2 to 9</p> <p>Cost: \$150</p> <p>What to bring: What to bring- water bottle, comfortable clothes or school uniform with shorts/pants is suitable. Mats are provided.</p> <p>Minimum attendees required: 10 students</p>
<p>TGSHS Launch+</p>  <p>Drones</p>	<p>FLY YOUR WAY THROUGH THE SKY!</p> <p>In this workshop, students will first challenge themselves by flying a drone manually through an obstacle course. Later, they will program the drones to autonomously navigate the same course, combining flying skills with coding to achieve precision and control.</p> <p>Practical component: Fly and program drones to conquer an obstacle course—test your skills and creativity in both manual and coded flight!</p>	<p>Year Levels: 7 to 10</p> <p>Dates: Week 2 to 9</p> <p>Cost: \$75</p> <p>What to bring: Your smile</p> <p>Minimum attendees required: 5 students</p>

Program	Program Information	Suitability and Details
<p>TGSHS Launch+</p>  <p>Cricut Club</p>	<p>UNLEASH YOUR CREATIVITY!</p> <p>In this workshop, students will learn how to use Cricut cutting machines to create unique and fun designs. Starting with the basics of printing, we'll progress to more advanced vinyl designs, allowing students to explore the full design process. No prior experience is necessary—just bring your creativity and get ready to craft!</p> <p>Practical component: Get hands-on with Cricut machines to create personalized projects, from prints to vinyl designs!</p>	<p>Year Levels: 7 to 10</p> <p>Dates: Week 2 to 9</p> <p>Cost: \$65</p> <p>What to bring: Your smile</p> <p>Minimum attendees required: 5 students</p>
<p>TGSHS Launch+</p>  <p>RC Drifters</p>	<p>GET READY TO DRIFT!</p> <p>In this workshop, students will drive RC drifter cars and learn about the electronics that power them. They'll explore how the cars' components work together to create smooth, controlled drifts while having fun on the track.</p> <p>Practical component: Drive RC drifters and experience the thrill of drifting while learning about the technology behind these cool cars!</p>	<p>Year Levels: 7 to 10</p> <p>Dates: Week 2 to 9</p> <p>Cost: \$75</p> <p>What to bring: Your smile</p> <p>Minimum attendees required: 5 students</p>
 <p>Bouldering Club</p>	<p>If you're looking for an activity that is challenging, exciting, and just a little bit different, bouldering might be just the thing! The fantastic climbing gym in The Gap SHS offers an incredible opportunity for students to explore different styles of movement while engaging their natural curiosity in achieving their physical and mental goals.</p> <p>The Bouldering Club is targeted to Year 8 and Year 9 students. In this program, students will be introduced to intermediate bouldering technique (e.g. fundamentals of handwork, footwork, balance and goal setting).</p> <p>NOTE: This program will not include climbing activities at heights or caving.</p>	<p>Year Levels: 8 to 9</p> <p>Dates: Week 2 to 9</p> <p>Cost: \$50</p> <p>What to bring: Sports uniform to climb in, water bottle, snacks</p> <p>Minimum attendees required: 12 students</p>

Program	Program Information	Suitability and Details
 <p>Clay Club <i>With Kalyanii Holden or Ruth Elliott</i></p>	<p>Join multi award winning artist Kalyanii Holden (Jade Tree Ceramics) or Ruth Elliott to create your next creation in clay. Our Clay Club is always a popular choice for students. We will continue to offer 2 groups, with Kalyanii and Ruth running a group each.</p> <p>Students will be encouraged to explore multiple hand building techniques including slab, coil, pinch pot with slip and colour applications. We will incorporate twigs, stones, and leaves from the natural world together with clay, throughout our creative exploration and within our mark making on the different clay bodies - incorporating colour and many different glaze choices on each sculptural form.</p> <p>We will continue to build on students' skills however, students at all skill levels are encouraged to apply. Students are encouraged to bring in an idea and with support will create what inspires you - the sky is the limit!</p>	<p>Year Levels: 7 to 12</p> <p>Dates: Weeks 2 to 9</p> <p>Cost: \$200</p> <p>What to bring: Your smile</p> <p>Minimum attendees required: 12 students</p>
 <p>Chess Club</p>	<p>Experience the benefits of learning chess while having fun along the way. Our attentive teachers will help your child learn and build upon the fundamentals of chess, while also using chess as a vehicle for teaching math skills, social skills, and emotional intelligence in an interactive and cooperative environment.</p> <p>It's been shown that learning to play chess from age 3 can improve a child's overall performance at school by nearly 20% compared to children who have not learnt chess. In other words, learning chess helps your child to leap ahead of their peers at school.</p> <p>Chess classes help your child improve their attention span, develop emotional intelligence, make friends, prepare to start school, and have fun... all at the same time.</p>	<p>Year Levels: 7 to 12 (any skill level is welcome)</p> <p>Dates: Week 2 to 9</p> <p>Cost: \$150</p> <p>Minimum attendees required: 10 students</p>

Time4 Students Program

TERM 1 2025

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 <p>Dungeons & Dragons</p>	<p>Come and learn how to play Dungeons & Dragons without having to struggle with time planning and getting all the right resources.</p> <p>Students will learn how to play the game and would take part in a campaign facilitated by the Dungeon Master/s. Participants will then create their own homebrew monsters, learn about magic items and running Non-Player Characters (NPCs), and learn to make their own campaigns and run their own sessions.</p>	<p>Year Levels: 7 to 9</p> <p>Dates: Week 2 to 9</p> <p>Cost: \$20</p> <p>What to bring: A notebook and pens</p> <p>Minimum attendees required: 10 students</p>
<p>SCOPE Tuition</p>  <p>Click to learn more</p>	<p>The SCOPE transition program empowers students in Years 7-9 with the vital skills and assessment techniques required for their senior years. This program is thoughtfully designed to align with their learning content and is tailored to benefit all students equally, regardless of their previous academic performance or confidence levels.</p> <p>Interactive learning is our core approach! Our overarching detective theme inspires curiosity and empowers students to identify their own weaknesses and seek solutions for improvement. Additionally, we provide weekly worksheets during each session to equip students with the skills needed to tackle exam-style questions using contemporary methods. By the end of each session, students accumulate valuable study skills, tips, and strategies, all meticulously documented on their collection sheets, thereby constructing a solid foundation for becoming self-motivated and knowledgeable learners.</p>	<p>Year Levels: 7 to 9</p> <p>Dates: Week 2 to 9</p> <p>Cost: \$240</p> <p>What to bring: A notebook dedicated for this program, textbooks, and other homework equipment.</p> <p>Minimum attendees required: 10 students</p>
<p>Individual Study in TGSHS Library</p>	<p>Students are supervised to complete individual study. Pre-registration is required for students to attend Study Room in the Library on Mondays during Time4; no last minute additions to this group and no drop-ins or short stays. Staffing decisions are made based on the number of students registered to attend this activity.</p> <p>Students are required to remain until 3pm for</p>	<p>Year Levels: 7 to 12</p> <p>Dates: Week 2 to 9</p> <p>Cost: Free</p> <p>What to bring: Your study materials</p>



Time4 Students Program

TERM 1 2025

	<p><i>this program, just as they would for all programs.</i></p> <p>Normal school rules apply: No mobile devices or computer games to be used during this Study session.</p>	
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TERM 1 2025

2025 Ongoing Online Learning

These programs are self-paced and can be completed in conjunction or separate to the programs run at school. Registration for these programs is directly through each specific website and not through the school.

Program	Program Information	Suitability and Details
Tax, Super and You	<p>This Australian Government resource will assist in developing an understanding of the Australian tax and super systems by exploring a range of interactive online resources and activities.</p> <p>Topics include:</p> <ul style="list-style-type: none"> - What is tax and why do we need it? - How is tax revenue spent? - Working and paying tax. - Applying for a tax file number. - Understanding superannuation. 	<p>Delivery: Online</p> <p>Cost: Free</p> <p>Click here for more information</p>
Queensland Museum Network from home	<p>With amazing information, material and activities from across the entire museum network, you can become #CouchCurators and explore this website to inspire curiosity, connect to the past, make sense of the present and help navigate the future.</p> <p>There is so much to discover in the virtual world of Museum at Home!</p>	<p>Delivery: Online</p> <p>Cost: Free</p> <p>Click here for more information</p>
Get your Learner Licence – PrePL Course	<p>Queensland is transitioning away from the traditional written road rules test to PrePL, an online learning and assessment program.</p> <p>PrePL is designed to develop a stronger understanding of the road rules and licencing requirements and to embed safe attitudes and behaviours in those about to drive on Queensland roads. Before you can apply for a car (C class) learner licence in Queensland, you will need to successfully complete PrePL.</p> <p>You can enrol in PrePL if you are at least 15 years and 11 months old.</p>	<p>Delivery: Online (4-6hrs)</p> <p>Cost: PrePL costs the same as the written road rules test. You only have to pay the fee once and will have access to the course for 12 months.</p> <p>Click here for more information</p>



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TERM 1 2025

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Fitness and Health	<p>Being physically active is more than burning kilojoules and building muscle: it is also fun and essential for your health and wellbeing.</p> <p>Check out how exercise benefits your body and how much exercise you need to burn off high-energy food. Discover a range of workouts and exercises and participate in your own guided workout through step-by-step online videos.</p>	<p>Delivery: Online</p> <p>Cost: Free</p> <p>Click here for more information</p>
Clear to Work – RSA Online	<p>If you want to work and serve alcohol in a licenced venue in Queensland, you must have a valid Queensland RSA (Responsible Service of Alcohol) certificate. Our RSA Queensland course is delivered completely online. You will learn the legal requirements for the sale or service of alcohol, assess alcohol affected customers and how to refuse alcohol to intoxicated customers.</p>	<p>Delivery: Online</p> <p>Cost: \$19.50</p> <p>Suitability: Suitable for senior students only.</p> <p>Click here for more information</p>
Clear to Work - Micro credentials	<p>Clear to Work’s micro-credential online courses are short, highly targeted trainings designed to help you improve a specific skill. These courses provide great foundational knowledge on a wide array of topics and can help you develop greater soft skills, build out your resume, improve career prospects, and maintain currency in your field.</p>	<p>Delivery: Online</p> <p>Cost: Various</p> <p>Suitability: Various</p> <p>Click here for more information</p>
Blue Dog Training – General Construction Induction Card (White Card)	<p>If you're working in the construction industry, you need to complete a general construction induction training course with a Registered Training Organisation (RTO).</p> <p>The unit you need to complete is: CPCWHS1001 Prepare to work safely in the construction industry.</p> <p>Once you've successfully completed this unit, the RTO will issue you with your general construction induction training card (previously called a white card). You must keep this with you whenever you are on site.</p>	<p>Delivery: Mixed</p> <p>Cost: \$89</p> <p>Suitability: Various</p> <p>Click here for more information</p> <p><i>*Please note that some students will complete this in various programs/courses whilst at school.</i></p>



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Day of STEM	<p>The Day of STEM is a national initiative designed to raise the National IQ for STEM careers by inspiring the next generation of students through a self-guided interactive, online STEM awareness experience called LifeJourney.</p> <p>The fully automated online experience enables students to test-drive their future by living a day in the life of STEM leaders.</p>	<p>Delivery: Online</p> <p>Cost: Free</p> <p>Click here for more information</p>
Smiling Mind 	<p>Web and app-based meditation program developed by psychologists and educators to help bring mindfulness into your life. Smiling Mind provides accessible, lifelong tools to supporting healthy minds.</p>	<p>Delivery: Online</p> <p>Cost: Free</p> <p>Click here for more information</p>



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